

## December 2018 Field Trip Menu w/8oz Skim or 1% Milk

Monday		Tuesday		Wednesday		Thursday		Friday	
Turkey & Cheese		Turkey & Cheese		Turkey & Cheese		Turkey & Cheese		Turkey & Cheese	
on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)	
Baby Carrots		Baby Carrots		Baby Carrots		Baby Carrots		Baby Carrots	
Mustard & Mayo		Mustard & Mayo		Mustard & Mayo		Mustard & Mayo		Mustard & Mayo	
Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit	
· · · · · · · · · · · · · · · · · · ·	3	· · · · · · · · · · · · · · · · · · ·	4	· · · · · · · · · · · · · · · · · · ·	5	· · · · · · · · · · · · · · · · · · ·	6	· · · · · · · · · · · · · · · · · · ·	7
Turkey & Cheese		Turkey & Cheese		Turkey & Cheese		Turkey & Cheese		Turkey & Cheese	
on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)	
Baby Carrots		Baby Carrots		Baby Carrots		Baby Carrots		Baby Carrots	
Mustard & Mayo		Mustard & Mayo		, Mustard & Mayo		Mustard & Mayo		Mustard & Mayo	
Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit	
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Turkey & Cheese		Turkey & Cheese		Turkey & Cheese		Turkey & Cheese		Turkey & Cheese	
on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)	
Baby Carrots		Baby Carrots		Baby Carrots		Baby Carrots		Baby Carrots	
Ranch Dip		Mustard & Mayo							
Mustard & Mayo Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit	
,	17	·	18		19	·	20	·	21
Turkey & Cheese		Turkey & Cheese		Turkey & Cheese		Turkey & Cheese		Turkey & Cheese	
on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)		on Wheat Bread (2 slices)	
Baby Carrots		Baby Carrots		Baby Carrots		Baby Carrots		Baby Carrots	
Mustard & Mayo		Mustard & Mayo		Mustard & Mayo		Mustard & Mayo		Mustard & Mayo	
Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit		Ranch Dip Fresh Fruit	
	24		25		26		27		28
Turkey & Cheese									
on Wheat Bread (2 slices)									
Baby Carrots									
Mustard & Mayo									
Ranch Dip Fresh Fruit									
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City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125

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Menu subject to change

This institution is an equal opportunity provider.

City Fresh Foods, Inc may use Milk, Eggs, Fish, Shellfish, Soy, Treenuts & Wheat in its meal development & production. City Fresh Foods is a Peanut-free facility. Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed.

In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.